

MEDICATION ADHERENCE: IT'S IN THE BAG

The Affordable Care Act encourages healthcare providers to keep people healthy. Many pharmacies offer adherence packaging and medication therapy management (MTM) to help patients take their medications as prescribed. When patients adhere to medication regimens, they're less likely to be readmitted to the hospital and more likely to have improved health outcomes.

THE COST OF NON-ADHERENCE



1 in 5 Medicare patients are readmitted to the hospital within 30 days. Half of them are non-adherent.

\$105 billion

Avoidable annual spending for treatment related to non-adherence

125,000

Deaths each year from adherence-related causes



THE FUTURE OF AMERICAN HEALTHCARE



Medicare reduces payments to hospitals when patients are readmitted within 30 days of discharge. Providers are forming Accountable Care Organizations (ACOs) that tie reimbursements to health outcomes.



\$125,000 – Average Medicare penalty for hospital readmissions in 2012



23% - Adherence improvement for at-risk patients using a pharmacy with an adherence program



50% - Medicare-approved ACOs started by physicians

IMPROVING MEDICATION ADHERENCE

48% of people use more than one pharmacy



More than 70% of people said they love the strip packaging and would switch pharmacies for it

Strip packaging synchronizes refills and organizes meds by date and time of dose. Pharmacists increase revenue with more prescriptions and on-time refills.

WHO BENEFITS MOST FROM ADHERENCE PACKAGING?

40,000,000
40 million patients at home

6,000,000
6 million in residential care

Long-term care facilities: Better state survey results

Insurers: Lower medical costs

Nurses: Easier med-pass

Employers: Healthier employees

Hospitals and ACOs: Lower readmissions